

Claims:

1 1. A method for promoting and optimal and beneficial effects of
2 Corosolic acid in the treatment of high sugar levels and
3 weight-loss with an administration of approximately 48 mg/day of
4 Corosolic acid in a soft gel form.

1 2. The method as defined in claim 1 wherein said soft gel form
2 includes:
3 rice bran oil.

1 3. The method as defined in claim 2 wherein said soft gel form
2 includes:
3 silica.

1 4. A soft gel capsule for absorption of Corosolic acid into an
2 intestinal tract for the treatment of high sugar levels and
3 weight-loss including:
4 Corosolic acid. *100%*

1 5. The soft gel capsule as defined in claim 4 wherein said
2 Corosolic acid is extracted from *100%*

1 6. The soft gel capsule as defined in claim 4 wherein said
2 Corosolic acid is extracted from said acid extracted from
3 Lagerströmia speciosa (L.) Rostk Schmidt.

1 7. The soft gel capsule as defined in claim 4 further
2 including:
3 rice bran oil.

8. The method as defined in claim 4 further including:
rice bran oil;
saffron.

9. The method as defined in claim 4 further including:
yellow wax.

10. The method as defined in claim 4 further including:
yellow wax;
saffron.

11. The method as defined in claim 4 further including:
rice bran oil.

12. The method as defined in claim 4 wherein said Corosolic acid is present in the amount of 1 to 100 mg.

13. The method as defined in claim 12 further including:
saffron.

14. The method as defined in claim 12 further including:
saffron.

1 15. The composition as defined in claim 12 wherein said
2 Cerosolite is a Cerosolite 112 which is alcohol extracted from
3 Lagerströmia speciosa.

1 16. The composition as defined in claim 4 wherein said
2 Cerosolite is a Cerosolite 112 which is alcohol extracted from
3 Lagerströmia speciosa.

1 17. The composition as defined in claim 4 further
2 including:
3 extract of *Quercus agrifolia*.

1 18. A preparation comprising: a soft gel capsule for
2 absorption of the active ingredients in the intestinal tract and
3 maintenance of the active ingredients including:
4 a hardening agent; a softening agent; a container;
5 a diluent; a binder; a lubricant; a silica;
6 a coloring agent; a flavoring agent;
7 a container; a hardening agent; a softening agent;
8 a diluent; a binder; a lubricant; a silica;
9 a coloring agent; a flavoring agent; and
10 a preparation of the active ingredients in a soft gel capsule.